

PRESS RELEASE

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PHILIPPINE CONSULATE GENERAL, LOS ANGELES CONCLUDES NUTRITION MONTH WITH A HEALTH AND NUTRITION WORKSHOP



Vice Consul Jim Tito B. San Agustin welcomes the participants in the workshop.

21 August 2007—Consul General Mary Jo Aragon of the Philippine Consulate in Los Angeles reported to the Department of Foreign Affairs that the Philippine Consulate General in partnership with the Asia Pacific Health Care Venture Inc. concluded the Nutrition Month campaign “*Healthy lifestyle ng kabataan, landas sa kinabukasan*” last 31 July with a health and nutrition workshop attended by Filipino children aged 10 to 19, parents and other guests.

Vice Consul Jim Tito San Agustin welcomed the participants and acknowledged the generosity and support of Asia Pacific Health Care Venture Inc.

(APHCVI) through Ms. Marilyn Johns who conducted the workshop and shared her knowledge on nutrition.

The workshop included a 20-minute power-point presentation, question and answer, and measurement of the body mass index (BMI).

The presentation focused on the importance of good nutrition and increased physical activity to growing adolescent and the right choices of nutritious food. END

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